

Fostering Mentor/Mentee Relationships

Title	Duration (minutes)	Author	Description
<ul style="list-style-type: none"> How to be a Good Mentor 	35	7 Dimensions	<p>"How to Be a Good Mentor" is a course designed to help you develop effective mentoring skills. Learn from psychologist and mentor Eve Ash about building trust, respecting confidentiality, and providing guidance, support, and role modeling while empowering mentees to take responsibility for their growth.</p>
<ul style="list-style-type: none"> Implement Reverse Mentoring 	15	7 Dimensions	<p>"Implement Reverse Mentoring" explores how younger colleagues can share knowledge with older counterparts, fostering mutual learning and engagement. Psychology expert Peter Quarry provides best practices to implement this proven method, enhancing collaboration and retention.</p>
<ul style="list-style-type: none"> 5 Ways to Coach for Best Performance 	40	7 Dimensions	<p>The course <i>5 Ways to Coach for Best Performance</i> teaches how workplace coaching boosts engagement, confidence, communication, and learning. Psychologist Peter Quarry outlines five key strategies: set goals, clarify expectations, build skills, boost confidence, and inspire motivation.</p>