

## Storytelling - Presentation Skills

Title	Duration (minutes)	Author	Course Description
<ul style="list-style-type: none"> <li>5 Essentials for Powerful Presentations</li> </ul>	30	7 Dimensions	Presentations can be dull for audiences. People feel nervous when presenting. Peter Quarry and Eve Ash cover five essential areas for powerful presentations. These include memorable ways to commence, managing anxiety, being succinct and sign-posting information, maintaining audience engagement, relaxed body language, telling a story and finishing with a bang.
<ul style="list-style-type: none"> <li>SHARP Presentations</li> </ul>	15	7 Dimensions	SHARP Presentations teaches a clear and succinct approach to effective communication. Psychologist Eve Ash explains how to deliver engaging, memorable messages that are Succinct, Hard-hitting, Accurate, Repeatable, and Persuasive.
<ul style="list-style-type: none"> <li>4 Ways to Overcome Public Speaking Anxiety</li> </ul>	50	7 Dimensions	4 Ways to Overcome Public Speaking Anxiety offers strategies to manage nervousness and fear. Psychologists Eve Ash and Peter Quarry provide techniques for coping before and during your talk, helping you build confidence and manage anxiety
<ul style="list-style-type: none"> <li>A Positive Approach To Public Speaking</li> </ul>	30	7 Dimensions	A Positive Approach to Public Speaking helps you unleash your passion and improve your presentations. Sadhana Smiles shares strategies to inspire enthusiasm, use storytelling, and incorporate feedback for more engaging and authentic speaking.
<ul style="list-style-type: none"> <li>Speak Clearly and Concisely</li> </ul>	20	7 Dimensions	Speaking clearly is using simple, everyday language and structuring your thoughts in a logical way. It is being concise and speaking at a speed and volume that is easy to understand, and having clear pronunciation. Don't assume you are being clear, make sure you are. In this course psychologist Eve Ash gives powerful advice.