Cybersecurity Awareness

Title	Duration (minutes)	Author	Course Description
• Everyday Cyber Security Tips	9	Absorb	As the complexity of the digital landscape and the effectiveness of cyber attackers increase, everyone needs to know about cybersecurity best practices. Let's look at 8 Cybersecurity Best Practices everyone should know.
• Data Protection (GDPR) Explained	8	Absorb	In this microlearning module you'll learn about Data Protection and in particular GDPR. You've probably heard and seen the terms Data Protection and GDPR a lot recently, but what do they mean? What rights do they give EU citizens and how do businesses around the globe need to adapt to them?
• Information Security Essentials	8	Absorb	In this microlearning module you'll learn about one of the key risks every business has – information security. Information is probably the most valuable thing a business holds, and we all have a responsibility to keep it secure. Here we look at some key practical things each employee can do to ensure that information stays secure.
• Cyber Security: Phishing Prevention	7	Absorb	Phishing is one of the most dangerous and common cyber security risks today. This module takes a close look at the different types of phishing and provides tips to help you avoid being caught out.
• Cyber Security: Ransomware	8	Absorb	Ransomware is malicious software (malware) used to impact the availability of a critical IT system. It encrypts a target system, usually a computer or mobile device, encrypting all the data and stopping its owner from accessing it. In this course we'll look at what ransomware is and the steps you can take to defend against it.
• Cyber Security: Social Engineering	10	Absorb	Almost all cyber attacks start with social engineering - this is where criminals use manipulation tactics designed to get you to reveal personal information and data or perform certain tasks. This course demonstrates some common techniques social engineers use and how you can guard against them.
• Cyber Security : While Traveling	10	Absorb	Whether you're going on holiday or travelling for business, it can be easy to let your guard down – but unfortunately cyber criminals know this too, and often try to exploit this in different ways. But with a bit of vigilance and care you can protect yourself from cyber crime no matter where you are in the world.
• Cyber Security: Malware	10	Absorb	Malware refers to any malicious code or software that cybercriminals deploy to extract data they can leverage over victims for financial gain. Attackers use various physical and virtual means to spread these destructive computer programs. This course explains the different types of malware and shows you how to defend against them.
• Cyber Security: Mobile Devices	8	Absorb	Nowadays most people have a mobile device on them or near them at all times. But they can be the perfect gateway for cyber criminals. In this course we'll show you how to protect your mobile devices from cyber criminals.