

Title	Duration (minutes)	Author	Course Description
<ul style="list-style-type: none"> 4 Steps to Managing Money Better 	15	7 Dimensions	<p>This course shows four steps to take control of your money. Building financial security involves juggling goals. The difference between a dream and an achievable goal is a plan to manage your money better. In this course psychologist Peter Quarry says live within your means, so that you can reach your financial goals and offers four useful steps for better money management.</p>
<ul style="list-style-type: none"> Managing Personal Finances 	40	7 Dimensions	<p>Managing Personal Finances is a course covering skills and strategies for how to manage personal finances efficiently. The smart way to manage your personal finances is to create a budget. A budget is a simple yet powerful tool for regulating your expenses and tracking your spending to help you save. You need to live within your means, limit your debt and use credit cards wisely. In this course psychologist Peter Quarry talks with independent financial advisor Freda Miriklis about how to prepare a personal budget; set realistic savings objectives; understand the difference between good and bad debt; and obtain credible financial advice.</p>
<ul style="list-style-type: none"> Understanding Financial Information 	50	7 Dimensions	<p>Understanding Financial Information is a course that provides everyone in a leadership or project role with a basic understanding of financial information. This course provides a simple approach for anyone who feels challenged just thinking about numbers and finances. Psychologist Peter Quarry and Glenyce Johnson, former CEO of a successful international travel business, cut through the jargon, discussing and explaining 10 key financial topics/terminology.</p>